

HOW ENERGY EFFICIENT AM I?

Home Energy Inspection

Ask your parents or a family member to help you complete this checklist to look at your home energy use.

LOOK OUT FOR:	YES	NO	1	
Are you using a cold wash for your laundry every day?	\bigcirc	\bigcirc		
Are you using the clothes line in summer?	\bigcirc	\bigcirc	言族	
Does everyone take five-minute showers (or shorter)?	\bigcirc	\bigcirc	and the second	
Does the dishwasher have a full load when it is used?	\bigcirc	\bigcirc		
Are you using energy-efficient light bulbs at home?	\bigcirc	\bigcirc		
Does your family turn off lights when they leave the room?	\bigcirc	\bigcirc	利用	
Do you have a clothes line?	\bigcirc	\bigcirc		
Do you close your blinds and curtains at night to keep the house warm?	\bigcirc	\bigcirc	日本の	
Have you unplugged appliances that you rarely use?	\bigcirc	\bigcirc		
Are outside lights on all night or have you fitted a sensor light?	\bigcirc	\bigcirc		
Are your floors and ceilings insulated?	\bigcirc	\bigcirc		
Do you have gaps in your home that are letting in cold air?	\bigcirc	0		6
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